Trinity Tidings

The Mission of Trinity Old Lutheran Church is Proclamation, Fellowship and Service in the name of Jesus.



The Reverend Frederick W. Kopp Pastor

Volume 58 April 2018 Number 4

Trinity Old Lutheran Church is a member of the Niagara Frontier Conference of the Upstate New York Synod of the Evangelical Lutheran Church in America.

From the Pastor

"So they went out and fled from the tomb, for terror and amazement had seized them; and they said nothing to anyone, for they were afraid."

Mark 16:8

I read the above verse in the April 1st devotion from "Christ In Our Home." The devotional brought up that fear can be a powerful motivator. I wonder if it was fear of the magnitude of what the women had just witnessed. Was it fear of their lack of faith or the inevitability of people not believing that their rabbi, friend and family had risen from the dead? Was it fear of retaliation from the government



that just put their rabbi to death? Was it just a natural reaction to those who are lost, overwhelmed, grieving, or shocked? Whatever the reason for their fear, it is an emotion that all of us have encountered on our journey.

The earliest Mark Gospel ends in this uncertainty and doubt. It seems to

create a void or space in which the reader or responder to this Gospel of Jesus might make the leap to faith and meaning. In this space of "being" or "fear," one is driven to creating hope, empowerment and action to deal with the story of our Lord and his past three days.

The uncomfortableness of fear may be needed in life to heighten our senses and bring action to apathy. How is your fear response this Easter season? Is it leading you to a deeper connection to God and to review your calling as a Christian?

God bless us as we move from shock to action, from doubt to hope, from grief to joy.

Yours in Christ, Pastor Fred



Join us for Easter Sunday Worship!

Augustana Lutheran at 9:30 AM Trinity Old Lutheran at 11:00 AM

Healing Worship Service on Sunday, April 29 11:00 AM Worship

April Coffee Hour

The WWI Women's Group is hosting the upcoming April coffee hour. They invite you to join them following worship on **Sunday**, **April 15**. Come and enjoy delicious baked goods, coffee and conversation!

An Evening with Lynn Whitworth!

Please join the TOL Women's
Group on Wednesday, April 18 at
7:00 PM for a special evening of
spiritual refreshment, fellowship and
laughter with Lynn Whitworth.

Lynn has been a Conference Deacon in the Niagara Frontier Conference of the Upstate NY Synod of the ELCA for several years and she is currently part of the transition team at Holy Cross Lutheran in Farnham, NY. She is widely known as a speaker whose messages resonate with all women—don't miss this opportunity to hear her. Invite a friend!

Combined Worship at Augustana LC Sunday, April 22 at 9:30 AM

Refugee and Immigrant Driving Program Recognition Sunday

Following worship, everyone is invited to stay for the "Brunch and Basket Raffle" at 10:30 AM! Proceeds from the raffle will benefit the driving program. Plan to worship, enjoy fellowship, and support a good cause!

Augustana is located at 3143 Eggert Road near Colvin Blvd. in Tonawanda.



Quilts for Lutheran World Relief (LWR)

Twenty quilts were displayed at the mid-week Lenten service at TOL on March 21 and on Sunday, March 25. The beautiful creations were blessed following the services.

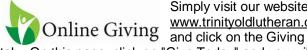
We recognize the dedicated LWR quilters—Barb, Joan, Marge, Barb, Carol, and Nora. Thank you for continuing to be a part of this special ministry.

Thank you, Sam, for packing the quilts for shipment to LWR in Maryland where they will be sent out into the world—to India, Serbia, Tanzania, and Ukraine. LWR "...is a ministry of US Lutherans serving communities living in poverty overseas."

Prayer for Trinity Old Lutheran and Augustana Lutheran Churches

Almighty God, you prosper the work of our hands. We pray for the outreach ministries of these congregations and we ask you to send your Holy Spirit to direct them into a blessed future. Give us the power through your Son to proclaim the Good News boldly, and joyfully fellowship with and serve others. Amen.

TOL now accepts online donations!



Simply visit our website, www.trinityoldlutheran.com,

tab. On this page, click on "Give Today" and you will be sent to a third party page (hosted by Genesis, PPG of Clarence, NY) to process your contribution using your Master Card, Visa, Discover or AmEx credit and debit cards.

In addition to tithing, this site may be used for special one-time contributions, too. If you wish to give towards a special cause (mission of the month, memorials, Window Fund, etc.), simply indicate it in the Description box provided. If not otherwise indicated, all gifts given to the church will go to the General Operating Fund.

We encourage you to use this new giving option. If you have any questions, please call the church office (836-4868).



TLC at TOL

TOL's free Respite Care Program continues every first Wednesday of the month from 10:30 AM to 2:30 PM for those caring for loved ones with Alzheimer's or any form of dementia. Guests are partnered with a volunteer (trained by the Alzheimer's Association) and they participate in various activities in a secure environment. A morning snack and nutritious lunch are provided.

For more information on registering for the program, please contact Jan or Paulette at 836-4868.

Coming Up at TOL—Details Inside!

- "An Evening with Lynn Whitworth" on Wednesday, April 18 at 7:00 PM.
- Spring Car Wash on **Saturday, April 28**, to support Josh's Eagle Scout Project (10:00 AM to 2:00 PM).
- "Powerful Tools for Caregivers Classes," six-week program begins on Wednesday, April 25, from 2:30 PM to 5:00 PM.

Trinity Tidings

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March Stewardship

Thank you for your donations collected in March that will support God's Global Barnyard through the ELCA's World Hunger/Good Gifts Program!



April Stewardship—"Refugee and Immigrant Driving Program"

The focus for April is the "Refugee and Immigrant Driving Program" at Augustana Lutheran. Please use the pew envelopes for your donations!

This outreach effort began in 2008 and it is a one-of-a-kind program in Western New York. It is designed to help individuals earn their driver's licenses.

From the Augustana LC website: "Augustana volunteers have aided over 100 participants from 30 different countries in obtaining driver's licenses.

Additional participants have earned their driving permits." Individuals are provided with training materials, the permit test fee, and professional driving lessons."

All costs are covered by church donations, funding from Lutheran Charities of Western New York, the Lutheran Foundation of Western New York, and Thrivent Financial.

Visit the Augustana website at www.augustanaonline.org.

There will also be a **combined worship** service at Augustana on Sunday, April 22 at 9:30 AM in recognition of this program. (more details on the front page)



"I slept and dreamt that life was joy. I awoke and saw that life was service. I acted and behold, service was joy."

Rabindranath Tagore

Powerful Tools for Caregivers Classes!

Sue Wloch will co-lead the upcoming six-week course that begins at TOL on Wednesday, April 25, from 2:30 PM to 5:00 PM.

The cost is \$25.00, which includes a copy of *The Caregiver Helpbook*. (The full course is covered for Independent Health and Blue Cross/Blue Shield of WNY members.) For more information or to register, please contact Erie County Department of Social Services at 858-8526 or email caregiver@erie.gov. **Pre-registration is required**.

Powerful Tools for Caregivers is an educational program that is designed to give caregivers the "tools" they need to care for themselves: e.g., how to reduce stress, better communicate their feelings, increase their ability to make tough decisions, and more.

Josh Eagle Scout Project

I am currently working on my Eagle Project to benefit the Holy Rest Cemetery, which is partially owned by TOL.

My project is cleaning up around the graves that are flush with the ground and adding a curved bench and a garbage can. The garbage can is an outdoor metal-slatted trash receptacle with rain bonnet lid. It is 41-3/4 inches tall and holds 36 gallons. The bench will be one that curves around the large tree in the middle of the cemetery.



As part of my fundraising for this project, we will be having a car wash on **April 28, 2018** at TOL (10:00 AM to 2:00 PM). So, bring your dirty car to TOL that day!!

Thanks for your support!

Josh

Matt and Josh's Upcoming Youth Travel

On **Sunday, April 15**, Matt and Josh will have "BuffaLutheran" items available for purchase (mugs, glasses and T-shirts). Proceeds will support their trip to the ELCA National Youth Gathering in Houston this summer!



Bottles and Cans...are still being collected in the marked container in the narthex. Matt and Josh take care of the redemption and funds received will support Josh's upcoming Eagle Scout project!

"Greatness is people doing little things greatly."

Mother Teresa

Mid-Week Lenten Worship—Thank You!

Thank you to <u>everyone</u> who helped from start to finish with the mid-week Lenten Soup Dinner and Worship Service on Wednesday, March 21.

All who attended the soup dinner at 6:00 PM were treated to nine different soups...and Pastor Fred's Famous Chili...including Hamburger, Bavarian Cheddar Ale, Tortellini/Bratwurst, Baked Potato, Minestrone, Ham & Bean, Cheeseburger and Chicken Corn Chowder. All were delicious—something for everyone! Thank you to all who made the delicious soups and desserts!



Worship followed at 7:00 PM—with The Reverend R. Devie Ellis of St. Martin Lutheran in North Tonawanda delivering the sermon. The assembled voice choir and TOL bell choir offered beautiful Lenten musical selections.

The rotation of churches for the mid-week Lenten Soup and Worship programs gives everyone a chance to enjoy a delicious meal and share in fellowship and worship with members from the Lutheran churches of the Tonawanda's.

Thank you to all who joined us for soup, fellowship and worship!



Earth Day April 22

Arbor Day April 27

Our Community Partners Meeting at TOL

Gamblers Anon.	Sun., 7:00 PM
Gam-Anon,	Sun., 7:00 PM
Overeaters Anon.	Mon., 10:00 AM
Co-Dependents	Tues., 7:30 PM
Eta Sigma	Meets on 2 nd and 4 th Tuesdays, 6:30 PM
	(Fellowship Hall)
Fitness Room	Mon., Yoga Pilates, 5:45 to 7:00 PM
	Wed., Yoga for Anxiety, 5:45 to 7:00 PM
	Thurs., Gentle Yoga, 9:30 to 10:45 AM
	Thurs., Beginner Yoga, 5:45 to 7:00 PM
Love Life Self Help	Meets on 1 st , 2 nd , and 4 th Wednesdays,
Group	6:45 PM (Fireside Lounge)
Women's Dance	Mon., 8:00 PM
Group	

Note: If you are interested in any of the different Yoga classes offered at TOL, please contact Leanne (864-1194).

Lake Chautauqua Lutheran Center—Good News!

[Excerpts from LCLC Financial Good News, Special Edition Link 2018]

"Psalm 65:11 reads "You crown the year with your bounty..." This short verse which acknowledges God's abundance, summarizes the past year for LCLC very well. 2017 was so bountiful that we felt the need to share this good news through a special edition of the LINK newsletter. God's bounty, as received through the generous support of people like you, has put LCLC in an incredibly healthy period of its history."

Eight highlights from 2017 were identified—Number One being LCLC is "Debt Free"—followed by improvements and financial gifts received, the hiring of a Program Director to the year-round staff, and a Planned Giving Program. It is the fifth year in a row that it has been debt free, as well as maintaining a zero balance on a line of credit.

LCLC isn't just for summer camp—TOL will once again hold a three-day adult Retreat there on September 28-30! An announcement on the retreat follows.



TOL's Adult Retreat, September 28-30 Lake Chautauqua Lutheran Center This year's theme is: Who Am I?

Here are reasons why you should attend!

- Do you ever ask "Why me?"
- Do you ever feel confused about who you are?
- Do you ever ask why you did what you did?
- Would you like to spend time with people who will listen?
- Would you like to have some time to yourself?
- Would you like to feel uplifted and loved?

Come and spend time with wonderful people! You'll finish the retreat by saying: "I am me!"

A sign-up sheet with complete details is posted on the bulletin board.

Please think about attending—talk to those who have gone in the past—bring a friend! If you have any questions, please let me know.

Charlie Schmidtke



Hearts and Hands = Neighbors Helping Neighbors

Currently, there is an increased need for volunteers! To find out how easy it is to become a volunteer and to learn about the services provided for care receivers, please call 406-8311, Ext. 101 or visit the website at www.hnhcares.org!

TOL is a part of the "Hearts and Hands" community of volunteers!

TLC at TOL Respite Care, March Program

We welcomed seven guests to our St. Patrick's Day themed program—and Mother Nature cooperated with the weather—no snow!

One new guest came into the program. Next month we will have two new guests and one remains on the waiting list. Two representatives from Asbury United Methodist Church in Amherst visited during the morning. They were preparing to begin their Respite program the following week.

We all enjoyed Pictionary and "building a shamrock" word game, putting together a St. Patrick's Day craft and bingo. The Respite "Tossers" tested their skills during Snowball Toss before participating in a lively round of Bingo.

We thank the kitchen staff for preparing a summer-time lunch along with cupcakes and shamrock cookies for dessert. Guests and volunteers enjoyed a visit from "Davy" and his owner during pet therapy time, as well as welcoming Sue back at the piano for music time.

The Lutheran Charities of Western New York grant funding for *TLC at TOL* arrived in March. We thank Lutheran Charities for including *TLC at TOL* among the many other locally LC-sponsored programs.

Jan and Paulette



In a brilliant little essay, "Flight of the Dancer," Edwin Denby, after breaking down the parts of a ballet leap, says

"While the dancer is in the air, the shoulders have to be held rigidly down by main force, so they won't bob upward in the jump. The arms and neck, the hands and head have to look as comfortable and relaxed as if nothing were happening down below. Really there's as much going on down there as though the arms and head were picnicking on a volcano, but the upper half of the dancer's body must never show it. Brief but real calm is what she must show from the waist up." In other words, perfect balance.

Loren Keller

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